



Newsletter

2024 November



PEACEATWORK

PERSONAL EMPOWERMENT AND CARE ENHANCEMENT

An EU funded Adult education project between



Connecting personal well-being, workplace culture, and societal impact

1 Project Kick-Off and Partnership

The PEACE Project officially kicked off in October 2024, bringing together dedicated partners committed to enhancing workplace well-being across Europe. The first kick-off meeting took place in November 2024 in Prague, Czech Republic, where partners outlined the initial steps and strategies for successful project implementation.



Co-funded by the European Union

About Us

Peace at Work is an international project aiming to improve well-being at the workplace. It brings together knowledge, digital tools, and real-life strategies to help individuals and organizations thrive in today's demanding work environments.

2 Holistic Approach

Peace at Work is built on a holistic approach that integrates three levels of well-being: the individual, the workplace, and the society. Key features:

Knowledge Base – Case studies, expert insights, and health analysis to support informed well-being practices.

Training Programs – A blended learning approach including MOOC, webinars, videos and podcasts.

Action Plans – Practical guides for individuals and companies to implement well-being strategies.

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Project Partners

- **Bit cz Training, s.r.o.**, Czech Republic - Established in 2005, Bit cz Training is a professional education and training provider based in Prague. They offer a wide range of courses, including IT skills, soft skills, and specialized training, catering to both commercial and public sectors.
- **DAFNI KENTRO EPAGGELMATIKIS KATARTISIS**, Greece - Founded in 1996, DAFNI KEK is an independent, non-profit training organization specializing in adult education and vocational training. They focus on supporting socially disadvantaged populations and groups at risk
- **EPIONE**, Lithuania - is dedicated to enhancing the quality of life through integrated health and social care services. Their mission is to contribute to societal well-being by providing comprehensive services that address both medical and social needs.



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