



Newsletter

2026 September



PEACEATWORK

PERSONAL EMPOWERMENT AND CARE ENHANCEMENT

An EU funded Adult education project between



Connecting personal well-being, workplace culture, and societal impact

1 Partner Meeting in Panevezys

In March 2026, Project partners gathered in Lithuania. Meeting focused on aligning project progress, refining key methodologies, and strengthening collaboration. Particular attention was given to adapting tools for wellbeing and increasing need for burnout prevention, as well as planning upcoming activities, including national conferences and dissemination strategies. The meeting provided an important opportunity to exchange perspectives, ensure quality implementation.



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2 Online Course is Ready for You

Online course Peace at Work is ready for public—a practical learning resource designed for HR professionals, managers, and anyone interested in promoting wellbeing in the workplace. The course offers tools and insights on burnout prevention, healthy organizational cultures, and sustainable work practices.

Flexible and free, the course allows users to learn at their own pace while gaining applicable strategies for everyday professional life.

We warmly invite you to explore and use the Peace at Work course, and to share it within your networks to support healthier, more balanced work environments across sectors.

<https://peaceatwork.eu/en/kurzy>

3 National Conferences

In September-October partners will host national conferences in Lithuania, Greece and Czech, engaging 120 professionals. These events will bring together HR experts, psychologists, therapists, wellbeing specialists, and representatives from the private sector and civil society.

The conferences will showcase Project PEACE results and practical tools for promoting wellbeing, preventing burnout, and fostering healthier workplace cultures. Each event will feature expert panels, interactive workshops, and networking opportunities designed to encourage dialogue and real-world application. Contact partner organization to join.



About Us

Peace at Work is an international project aiming to improve well-being at the workplace. It brings together knowledge, digital tools, and real-life strategies to help individuals and organizations thrive in today's demanding work environments.

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